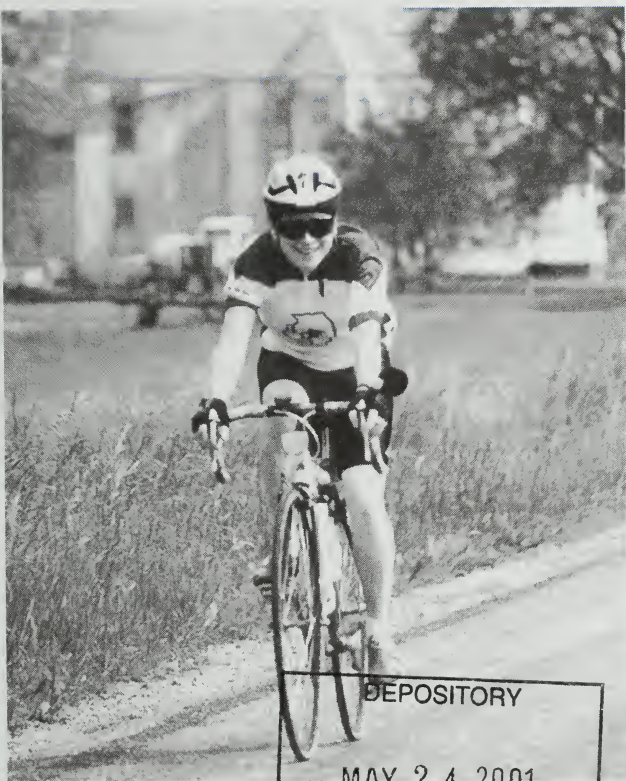

State of Illinois Bicycle Publications



DEPOSITORY

MAY 24 2001

UNIVERSITY OF ILLINOIS
AT URBANA-CHAMPAIGN

Published by:



**Illinois Department
of Transportation**

2300 South Dirksen Parkway
Springfield, Illinois 62764

■ Bicycle Safety Publications

NOTE: SUPERScript NUMBERS REFER TO CONTACT ADDRESS.

*Bicycle Rules of the Road*²

Eight-page booklet with general rules for all bicyclists, but geared toward younger riders.

*Bicycle Safety*³

A booklet for older children and adults. Includes a quiz to test bicycle safety knowledge.

*Bicycle Skills Course Instruction Manual*²

Instructions for organizing and holding a bicycle skills course (bike rodeo).

*Keep-A-Head*⁵

A pamphlet for parents on helmet usage for kids.

*Keep on Winning*⁵

A booklet written for kids on helmet usage for kids by using examples of winning athletes who play it safe.

*Learn About Safety*³

A coloring booklet for kids on all aspects of safety, including bicycle and pedestrian safety.

*Parents: You Can Protect Your Child from Head Injury*⁵

A pamphlet for parents that educates them on helmet usage and other ways to protect kids from head injuries.

*Safe Bicycling in Illinois*⁶

A booklet for adult bicyclists focusing primarily on sharing the road safely with motorists—such as how to negotiate traffic, making turns, proper signaling, and dealing with rude motorists. Also includes sections on helmet usage, what to do in trouble situations, and riding off-road on recreational trails.

*Safety Education—Today and Tomorrow*³

Brochure with information on safety education services offered by the Illinois State Police. For anyone who works with kids or wishes to organize a safety event for kids.

*Seemore the Safety Clown*²

A coloring booklet for younger elementary school children—discussing bicycle and pedestrian safety.



f Illinois Bicycle Public

*Sprocket Man*⁷

A child's comic book on bicycle safety.
Geared towards older elementary school children.

*Wheel-A-While Bicycle Safety*⁷

Booklet geared for school-aged children.
Discusses safe bicycling habits and ways to reduce and prevent accidents and injury.

■ Websites

Illinois Bureau of Tourism

<http://www.enjoyillinois.com>

Illinois Department of Natural Resources

<http://dnr.state.il.us/>

Illinois Department of Transportation

<http://www.dot.state.il.us/>

Illinois Secretary of State

<http://www.sos.state.il.us/>

Illinois State Police

<http://www.state.il.us/isp/>

(--OR--) <http://www.state.il.us/kids/isp/bikes/>

League of Illinois Bicyclists

1. Main Web Page

<http://www.LincolnNet.net/LIB>

List of LIB-affiliated bicycle clubs:

<http://www.lib.uchicago.edu/~rd13/lib/>

2. ILCycList Newsletter

Electronic newsletter with information on bike rides, bicycle advocacy issues, and other topics of interest to Illinois bicyclists.

To subscribe to ILCycList, send an e-mail to

majordomo@cycling.org

Include in the body of the message:

`subscribe ilcyclist`

`end`

(To submit an item to the list, just e-mail it to:

ilcyclist@cycling.org).

3. LIBLAB Newsletter

Electronic newsletter alerting bicyclists of political and government activities that affect bicycling.

To subscribe, send an e-mail to

[majordomo@fuji.physics.](mailto:majordomo@fuji.physics.indiana.edu)

[indiana.edu](mailto:majordomo@fuji.physics.indiana.edu)

Include in the body of the message:

`subscribe liblab`

`end`



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■ **Contacts:**

- ¹ Illinois Department of Transportation, Map Sales Room
121, 2300 S. Dirksen Pkwy., Springfield, IL 62764,
Telephone: 217/782-0834
- ² Illinois Secretary of State, Driver Services Department,
Traffic Safety Division, 2701 S. Dirksen Pkwy., Springfield,
IL 62723, Telephone: 217/785-7273
- ³ Illinois State Police, 401 Amory Bldg., P.O. Box 19461,
Springfield, IL 62794-9461, Telephone: 217/524-2525
- ⁴ Illinois Department of Natural Resources, Office of
Resource Marketing and Education,
425 S. Second St., Springfield, IL 62701-1787,
Telephone: 217/782-7454
- ⁵ Illinois Department of Public Health, Division of Health
Promotion, Springfield, IL 62761,
Telephone: 217/785-2060, FAX 217/782-1235
- ⁶ Illinois Department of Transportation, Division of Traffic
Safety, 3215 Executive Park Drive, P.O. Box 19245,
Springfield, IL 62794-9245, Telephone: 217/785-1181
- ⁷ Illinois State Board of Education, 100 N. First St.,
Springfield, IL 62777, Telephone: 217/782-2826

■ **Maps and Other Bicycle Publications**

NOTE: SUPERScript NUMBERS REFER TO CONTACT ADDRESS.

*Amtrak Bicycle Transport*²

How to carry bicycles on Amtrak, with maps
showing major Illinois bike trails and attractions
near Amtrak stations.

Note: All publications are free.

*Bicycle Resources: A Source Guide for Maps, Brochures,
and Bicycle Groups in Illinois*¹

A listing of Illinois bicycling publications and organizations with contact addresses and phone numbers.

*Bicycling*⁴

A guide to off-road bicycle facilities in Illinois. Includes locator map.

*Illinois Official Bicycle Maps:*¹ (Refer to Map ———>)

- | | |
|-----------|--|
| Region 1: | Chicago Area, from Joliet north to Wisconsin and Lake Michigan, west to the Fox River Valley |
| Region 2: | Northwestern Illinois, including Rockford, Quad Cities, DeKalb, Freeport, and Galena |
| Region 3: | I&M Canal to Bloomington-Normal, including Kankakee |
| Region 4: | Spoon River Valley, including Peoria Area and Galesburg-Monmouth |
| Region 5: | Eastern Illinois, including Decatur, Champaign-Urbana, and Danville |
| Region 6: | West Central Illinois, including Springfield, Jacksonville, Quincy, and Nauvoo |
| Region 7: | Southeastern Illinois, including Effingham, Mt. Vernon, and Wabash River Valley |
| Region 8: | Southwestern Illinois, including St. Louis Metro East, Clinton Lake, and Chester |
| Region 9: | Shawnee Region, including Shawnee National Forest, Carbondale, Marion, Rend Lake area, and Cairo |

*DNR State Bicycle Trails brochures:*⁴

These state recreational facilities have bicycle trails.

Buffalo Rock & Effigy Tumuli State Park

(all bicycle types, hiking)

Chain O' Lakes State Park

(all bicycle types, hiking, equestrian)

Illinois Beach State Park

(all bicycle types, hiking)

Hennepin Canal Parkway State Trail

(mountain biking, hiking, equestrian—

some portions of trail suitable for all bicycle types)

Note: All publications are free.



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I & M Canal State Trail (gravel surface)
Trail also passes through or close to:
—Channahon State Park
—Gebhard Woods State Park
 (all bicycle types, hiking)
Kankakee River State Park
 (all bicycle types, hiking)
Moraine Hills State Park
 (all bicycle types)
Pyramid State Park
 (mountain biking area)
Red Hills State Park
 (mountain biking area)
Rend Lake-Wayne Fitzgerald State Park
 (all bicycle types, hiking, equestrian)
Rock Island State Trail (gravel surface)
 (all bicycle types, hiking)

BICYCLE MAP REGIONS

